COVID SAFE PLAN 2024

This COVID Safe Plan has been prepared in response to the COVID-19 Pandemic, consistent with the Health and Safety advice for camping and sports. The purpose of this document is to communicate the responsibilities of Camp Icthus volunteers. It also highlights the changes we have made to the day-to-day running of our camps to meet Victorian Government guidelines.

Coronavirus (COVID-19)

A coronavirus infection can cause mild to severe respiratory illness. The most common coronavirus (COVID-19) symptoms reported are:

- fever
- breathing difficulties and breathlessness
- cough
- sore throat
- fatigue or tiredness

COVID-19 is most likely to spread from person-to-person through:

- close contact with an infected person
- airborne transmission

Social Distancing

The Victorian Government has released a guidance document for school camp providers, which states that school camps are not bound by public gathering limits. It also states that 'maintaining a physical distance of 1.5 metres will not always be practical in education settings, including school camps. Physical distancing is most important between adults. Close proximity between adults on school camp sites should be avoided wherever possible'.

Therefore, children will not be required to keep a physical distance of 1.5 metres; however adults are encouraged to adhere to the principles of social distancing wherever possible.

During Summer Camps 2024 (3 - 24 January 2023) a camp 'bubble', whereby volunteers and campers will be kept as static as possible with limited mixing will minimise the risk of transmission and aid containment in the event of a confirmed case.

Masks

Masks will be worn as per government directives.

Camp Icthus Summer Camps

Camp Icthus Summer Camp leaders will be requested to do a Rapid Antigen Test prior to arrival at camp and not attend until they are five days clear of positive test. Leaders should notify the Skipper of their respective camp if they have Covid-19 symptoms and not attend camp until they have had a test and received a negative result.

Hand sanitiser will be made available at commonly used entrances and on overnight trips.

Appropriate signage regarding social distancing, hand washing and hand sanitising will be displayed at appropriate locations.

Camp Icthus volunteers are responsible for cleaning facilities in accordance with Victorian Government recommendations.

Volunteer leaders are responsible for monitoring the health and wellbeing of campers whilst at camp. If any campers develop symptoms of COVID-19 whilst onsite, it is the responsibility of the leaders to instigate suitable quarantining of the camper and possibly organising to have them picked up by parents.

Leaders are responsible for ensuring campers are wearing masks appropriately when required, washing hands, using hand sanitiser and maintaining good hygiene practices according to Victorian Government guidelines.

Campers

Camp Icthus campers will be requested to do a Rapid Antigen Test prior to arrival at camp and not attend until they are five days clear of positive test.

Campers are responsible for:

- wearing masks appropriately and according to Victorian Government guidelines, and maintaining good hygiene practices, such as using hand sanitiser and hand washing whenever necessary
- notifying leaders if they develop any symptoms of COVID-19
- following instructions from Leaders in relation to COVIDSafe practices

Buildings

Windows will be left open where possible to increase airflow.

Response Plan in Case of a Confirmed Case of COVID-19

In the event of a confirmed case of COVID-19 linked to Camp Icthus Leaders they will isolate themselves from the group.

Cleaning Measures

Cleaning will be performed as per government department recommendations. When disinfecting (routinely, and at the end of each camp group), alcohol in a concentration of at least 70%, chlorine bleach in a concentration of 1000 parts per million, oxygen bleach, or wipes and sprays that contain quaternary ammonium compounds will be used. These chemicals will be labelled as 'disinfectant' on the packaging and must be diluted or used according to the instructions on the packaging to be effective.

Hand sanitiser is provided that is at least 60% alcohol based.

Bathrooms will be cleaned daily. A 'bathroom clean' consists of wiping down all high touch surfaces and cleaning all toilet bowls and seats with cleaning products as outlined above.

Kitchen and Main Hut Tables

The kitchen and Main Hut tables will be cleaned after breakfast and dinner mealtimes, and as appropriate throughout the day. A 'kitchen clean' consists of wiping down all surfaces, cleaning all dishes, emptying bins (end of day), sweeping floors (end of day), mopping floors (end of day) and refilling supplies such as soap, hand towel etc.

After Camp

If any camper or leader tests positive to Covid-19 within a short period of time after camp, we request that they notify Camp Icthus Committee of Management or Skipper of the camp.

Appropriate cleaning and sanitising of equipment and facilities according to Victorian Department of Health regulations will occur on completion of each camp, ready for next use. Appropriate PPE and cleaning products will be restocked (such as gloves, aprons, sanitiser bottles, tissues, wipes, hand towel etc.)