

COVIDSafe Plan

Camp Icthus COVIDSafe Plan

Location: 112 Cranswick Road, Banksia Peninsula VIC 3875
Activity: Work Camps, Summer Camp, Site Hire
Prepared by: Lucille Wirtz – Committee of Management
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Camp Icthus health and safety precautions

Consistent with the Health and safety advice for camping and sports, Camp Icthus pursue a variety of strategies to support physical distancing among all volunteers (skippers/leaders/members) and campers, where possible.

Volunteers must practise physical distancing between themselves and other volunteers or adults and campers wherever appropriate.

A mask provides protection when physical distance cannot be maintained.

During Summer Camps 2023 (3 - 24 January 2023) a camp 'bubble', whereby volunteers and campers will be kept as static as possible with limited mixing will minimise the risk of transmission and aid containment in the event of a confirmed case.

Large group activities (outside of Summer Camps 2023) will be avoided and use of communal facilities will be staggered, with thorough cleaning during and after each group use.

Volunteers and campers sharing a room will be considered a 'bubble' and will not need to wear face masks when in their room. Face masks should not be worn while sleeping due to the potential health risks.

Principles for health and safety

The following principles will be applied to ensure health and safety precautions are followed:

Confirmed cases and close contacts

Any volunteer or camper who have been advised to isolate as a confirmed case of coronavirus (COVID-19), or quarantine as a close contact of a positive case of coronavirus (COVID-19) must not under any circumstances attend camp.

Volunteers and campers must not attend camp if unwell. Anyone who develops symptoms during camp will be isolated and sent home for testing as soon as possible, with designated space made available at camp to support isolation where required.

If a volunteer or camper is identified as a close contact of a positive case of coronavirus (COVID-19), they will be sent home as soon as possible, with designated space made available on the premises to support safe isolation.

Where volunteers or campers become unwell or are identified as a close contact of a confirmed case, the wearing of appropriate personal protective equipment (PPE) will be required. Camp Icthus will also have appropriate PPE available in case it is required by volunteers, campers, contractors or guests.

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Hygiene, cleaning and shared areas

Hand hygiene practices will be reinforced and access to handwashing facilities in all communal areas (where soap and water are not readily available, hand sanitiser will be provided).

Cleaning and disinfection of communal facilities such as the toilet block (bathrooms) and our kitchen will occur daily (a cleaning log will be displayed in these areas), or more frequently when in high use by the group – including enhanced cleaning of high-touch surfaces.

Time in the leaders lodge and the huts will be minimised where possible.

The highest hygiene practices amongst food handlers will be maintained at all times, as per the DHHS Safe Food Handling requirements.

Hygiene

Provide hand cleaning facilities and ensure adequate supplies are available	<i>Hand washing facilities and/or hand sanitiser to be available at entrance to each communal area. Sufficient hand cleaning and/or sanitisers supplies available and kept stocked. During 2023 Summer Camps, when not onsite hand sanitiser is to be taken out and made available to campers and leaders, e.g. overnighers, sanitiser will be included in the overnigher checklists to be taken on trips.</i>
Enhance airflow	<i>Promote use of outdoor activities, including meals etc. Open windows where possible for indoor activities.</i>
Face coverings and appropriate PPE are worn unless an exception applies.	<i>Face coverings must be worn by those 12yo and older unless they are involved in strenuous activity, eating or another exception applies. During 2023 Summer Camps, the camp 'bubble' as described above will mean that campers and volunteer leaders do not need to wear face coverings while at the Camp Icthus camp site. When offsite face coverings will need to be accessible and worn where required.</i>
Provide communication and/or guidance on the correct use and disposal of face coverings, and on good hygiene practices and slowing the spread of coronavirus (COVID-19).	<i>Signage provided at entrance points describing personal hygiene requirements.</i> <ul style="list-style-type: none">• Cover your cough and sneeze – poster (att 3) <i>Posters at handwashing stations to explain handwashing practices.</i> <ul style="list-style-type: none">• Wash your hands regularly - poster(Att 4) <i>Members can access government COVID-19 Training:</i> <ul style="list-style-type: none">• Infection control training

<p>Manage use of high-touch communal items.</p>	<p><i>Equipment that is worn on the face / head should not be shared during activities.</i></p> <p><i>Cleaning of equipment and frequently touched surfaces before and after use.</i></p>
<p>Cleaning</p>	
<p>Undertake cleaning between usage and ensure high touch surfaces are cleaned and disinfected regularly</p>	<p><i>Cleaning of equipment and frequently touched surfaces before and after use.</i></p> <p><i>Accommodation to be cleaned thoroughly at the end of bookings by the hiring group or Camp Icthus members using the site.</i></p> <p><i>High touch communal areas (such as toilets) to be cleaned daily.</i></p> <p><i>During Summer Camps 2023, a leader cleaning schedule & cleaning log will be displayed to ensure compliance.</i></p> <p><i>Refer to DHHS.vic.gov.au - Infection Prevention Control https://www.dhhs.vic.gov.au/infection-prevention-control-resources-covid-19#guidelines-and-resources-for-environmental-cleaning</i></p> <p><i>Refer to Food and Drink section below for specific cleaning requirements</i></p>
<p>Ensure adequate supplies of cleaning products, including detergent and disinfectant.</p>	<p><i>Ensure sufficient cleaning and disinfectant supplies are available and regularly restocked.</i></p>
<p>Physical distancing and limiting attendance</p>	
<p>Ensure that all volunteers that can and/or must attend from home, do attend from home.</p>	<p><i>n/a</i></p>
<p>Establish a system that ensures members are not attending across multiple settings</p>	<p><i>n/a</i></p>
<p>Establish a system to screen members and visitors before attending. Organisations cannot require members to attend when unwell.</p>	<p><i>Volunteers and Campers are not to attend camp if they are unwell or are displaying COVID-19 symptoms.</i></p> <p><i>If someone becomes unwell and tests positive to COVID-19 during the camp, they will need to return home.)</i></p>
<p>Provide communication and guidance to volunteers on physical separation requirements</p>	<p><i>Adults must practice physical distancing requirements wherever possible between other adults.</i></p> <p><i>During 2023 Summer Camps, the camp 'bubble' as described above will mean that campers and volunteer leaders do not need to physical distance while at the Camp Icthus camp site and undertaking sailing, hiking and canoeing activities.</i></p>

<p>Manage areas and activities to comply with gathering, capacity and density limits for volunteers and third parties</p>	<p><i>Volunteers and visitors must be physically distanced by 1.5m</i> <i>Organise work areas and activities to minimise physical interactions.</i> <i>During 2023 Summer Camps, the camp 'bubble' as described above will mean that campers and volunteer leaders do not need to physical distance while at the Camp Icthus camp site and undertaking sailing, hiking and canoeing activities.</i></p>
<p>Manage areas and activities to comply with gathering, capacity and density limits within public booked accommodation and camping</p>	<p><i>Refer to Industry Restart Guidelines – Accommodation</i> <i>Indoor communal areas are limited to 1 visitor per 4 sqm</i> <i>Refer att. 2 Door Sign (internal document)</i> <i>Volunteers and visitors should remain physically distanced by 1.5m</i></p>
<p>Manage areas and activities to comply with gathering, capacity and density limits</p>	<p><i>Indoor communal areas are limited to 1 visitor per 4 sqm.</i> <i>Volunteers and visitors will physically distance by 1.5m.</i></p>
<p>Manage areas and activities to comply with gathering, capacity and density limits for school camps</p>	<p><i>Bookings are limited to single schools/groups/families.</i> <i>NB gathering numbers and capacity limits do not apply to school groups.</i> <i>Volunteers visitors should remain physically distanced by 1.5m.</i> <i>Each individual can only use one single allocated bed or tent for the duration of the stay.</i></p>
<p>Provide guidance on gathering limits, physical distancing, etc such as signage and floor markings</p>	<p><i>Signage will be displayed at the entrance of all communal indoor spaces to reinforce the requirements for physical distancing.</i> <i>During 2023 Summer Camps, the camp 'bubble' as described above will mean that campers and volunteer leaders do not need to physical distance while at the Camp Icthus camp site and undertaking sailing, hiking and canoeing activities.</i></p>
<p>Contactless payments</p>	<p><i>Contactless payment options should be implemented through pre-payment in advance for visitors and deliveries.</i> <i>Accepting payment in person at the site should be avoided where possible.</i></p>
<p>Provide information to visitors at booking time</p>	<p><i>Visitors and groups should be made aware of COVID requirements at the time of booking such as:</i></p> <ul style="list-style-type: none"> <i>• restrictions to residents in restricted areas</i> <i>• booking sizes</i> <i>• requirements for record keeping</i> <i>• do not attend if you are unwell or are showing symptoms, etc</i>

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Food and Drink

Provision of Food and Drink should be within Hospitality service COVID Guidelines	<p>Refer to Industry Restart Guidelines – Hospitality General hygiene, cleaning and physical distancing rules apply.</p> <p>Hand washing stations provided for before and after meals. Servers to wear face coverings while serving. Participants should remain seated while eating. No self-serve buffet-style service.</p>
Utensils and tableware, etc	<p>Table surfaces to be cleaned between groups. Utensils to be cleaned in detergent and hot water or dishwasher between uses. Individual place settings to be used with no communal cutlery or water stations.</p>
Physical separation during meal service	<p>n/a – Bookings are limited to single schools/groups/families.</p>

Record keeping

Record the attendance of members, volunteers, campers, visitors, contractors. This information will assist organisations to identify close contacts.	<p>A record of people who have attended the camp site including name, contact details, time of arrival, duration and visited accommodation/location on site. Refer Business Victoria Workplace Attendance Register & Refer att. 1 Contact tracing and Screening Register (internal document)</p> <p>Individual groups (such as School camps, Scout groups, etc) are expected keep their own records of who shares accommodation, attends specific activities, etc.</p>
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Respond to a suspected or confirmed COVID-19 case

If somebody becomes unwell at camp, they will need to return home.

If they show signs of COVID-19 symptoms, especially fever:

- *Isolate them from the rest of participants until they are able to return home*
- *Advise the participant to self-isolate and be tested for COVID-19*
- *Call 000 if the condition becomes serious, such as difficulty in breathing*

Explain to them that they should call the COVID-19 hotline 1800 675 398 or contact their GP.

A dedicated isolation area will be identified by each group attending the site. This could be a single room or an outdoor area. The emphasis should be on keeping the person physically isolated by distance but in-sight of others.

During 2023 Summer Camps, the camp 'bubble' will mean that should any member of the camp display symptoms, the entire camp will need to be isolated, tested and return home. The Summer Camp Skipper/s will call the COVID-19 hotline 1800 675 398 and the Melbourne Emergency Contact will be notified.

How you will manage a suspected or confirmed case.

It is important to keep the camper relaxed, and not arouse concern in others. Calmly ask them to follow you away from the space where the main activity is occurring.

The camper should remain 2m away from others and wait in a separate area away from others until they are collected by parents/guardians. Try to be in-sight of other adults at this time.

Leaders need to reassure and support the camper.

Extra care is required during isolation if the unwell person is a camper.

The detection of a positive COVID-19 case at camp will result in a standard public health response, which could include quarantine of an individual or group, and close contacts, for the required period.

It is likely that the camp will be made aware of a potential close contact through being informed directly by the affected person (or their parent) or as part of a follow up of confirmed cases by public health officials.

Prepare to notify volunteers, parents/guardians and visitors (including close contacts)

- Call the COVID-19 hotline 1800 675 398
- [Provide Contact tracing and Screening Register](#)
- Ensure that all members on camp and parents/guardians are informed
- Notify WorkSafe Victoria on 13 23 60 should there be a confirmed case
- In conjunction with public health officials, notify other attendees that they may have been exposed and follow DHHS advice on quarantine requirements.

Assess whether the premises or parts of the premises must be closed. Prepare to undertake cleaning and disinfection at the premises. Prepare to re-open the premises.

Depending on the location of the contact, the buildings may need to be closed to enable clean and disinfect of the spaces where the people in attendance may have been.

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